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## **The Flynn and All Heart Inspirations Announce *Feed Your Soul*, a Storytelling and Banquet Series Hosted by Ferene Paris Meyer**

**BURLINGTON, VT** — The Flynn is thrilled to collaborate with All Heart Inspirations for *Feed Your Soul*, a series of evening events that feature Haitian-Caribbean cuisine and heartfelt storytelling, performed by UVM faculty member and Flynn teaching artist Ferene Paris Meyer. *Feed Your Soul* is held monthly at August First bakery in Burlington, VT, with the first event in the series on **Saturday, October 24 at 6:30 pm**.

Ferene Paris Meyer (owner of All Heart Inspirations) has been a faculty artist with the Flynn since 2019, teaching the class *I'm My Ancestor's Wildest Dreams: Voices of Color through Storytelling*. Ferene started this class in collaboration with the Flynn, creating space for BIPOC voices to be heard, to connect, and to feel a sense of belonging through shared narratives. Her latest endeavor, *Feed Your Soul*

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For images and more information, visit the Flynn's on line press room: [www.flynncenter.org/pressroom/index.shtml](http://www.flynncenter.org/pressroom/index.shtml)

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